

TAKEAWAY
LUNCH OF THE DAY
13,00 €



MANALA

Restaurant & Bar

LOUNAS PASS AT CLUBBY!



LUNCH 14,30 €

Lunch is served on week days from 11 to 14

Lunch includes salad & bread table and coffee/tea.

The fish we use is MSC-certified and the meat is Finnish unless otherwise stated.

MONDAY 18.5.

Braised beef, creamy pepper sauce and roasted potatoes G, L
Portobello mushroom, creamy spinach&leek sauce and potato rösti G, VEG

TUESDAY 19.5.

Creamy parmesan-bacon chicken, roasted vegetables and potato rösti G, L
Tofu bowl G, VEG

WEDNESDAY 20.5.

Teriyaki salmon, roasted vegetables and rice G, L
Veggie kebab, tomato sauce, roasted vegetables and sweet potato fries VEG

THURSDAY 21.5.

Salsa burger, lime & herb mayo, tomato salsa, salad & fries L
Veggie salsa burger, lime & herb mayo, tomato salsa, salad & fries VEG

FRIDAY 22.5.

Chicken breast, creamy mustard sauce, roasted vegetables and roasted potatoes G, L
Feta-veggie patties, tsatsiki, roasted vegetables and roasted potatoes G, L

MONDAY TO FRIDAY 11-14

Caesar Salad with chicken, shrimps or goat's cheese 14,30 €

Manala's salmon soup G, L 14,00 €

Sautéed Game Meat with Mashed Potatoes G, L 17,50 €

German deer, country of origin New Zealand

DESSERT: Ice Cream with Topping 7,30€

LUNCH DRINKS:

Karhu III (40 cl) 4,60 €

12 cl white or red wine 5,50 €

G = gluten-free L = lactose-free M = dairy-free VE = vegan